

# Kaycee K. Carmignani, LMSW

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## EDUCATION

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**PhD Student**, Interdisciplinary Health Sciences 2025 - Present  
The University of Texas at El Paso, College of Health Sciences  
Mentor: Dr. Eva M. Moya

**Master of Social Work** 2024  
The University of Texas at El Paso, Department of Social Work

**Bachelor of Social Work** 2023  
The University of Texas at El Paso, Department of Social Work

## KEY SKILLS

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**Social Work & Clinical Skills:** Case management, biopsychosocial assessments, treatment planning, crisis intervention, and community outreach.

**Research & Evaluation:** Evidence-based intervention design, program evaluation, survey administration (REDCap), and data interpretation.

**Project Management & Coordination:** Planning and executing research projects, supervising graduate research assistants, and facilitating community advisory boards.

**Data Analysis & Statistical Software:** Proficient in SPSS for database management, descriptive statistics, hypothesis testing, confidence intervals, and univariate/bivariate analyses.

## AWARDS AND HONORS

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### Research and Professional Awards

**Best in Health Sciences Category** April 2026  
University of North Texas, Denton, TX  
Texas Leadership Research Scholar (TLRS) Virtual Doctoral Poster Presentations.

- Awarded for quality, rigor, and contribution to scholarly discourse.
- **Poster:** *Ties that bind, borders that block: Investigating social capital and access to health care in the Southwest*

### Academic Distinctions

**The University of Texas at El Paso**  
Graduate School Commencement Banner Bearer May 2024  
College of Health Sciences Commencement Banner Bearer May 2023

College of Health Sciences Top Ten Outstanding Senior Award	May 2023
Kayla Villegas Community Engagement and Service Award	May 2023
Dean's List	2019 - 2023
Student Association of Social Workers Overachiever Award	2022

### **Corporate Recognition**

#### **T-Mobile USA, Inc.**

Apple Launch Overachiever Award	2017 - 2018
Best in Class New Hire – Office of the President	2016
In-Crowd Top 10 Award Recipient	2014 - 2015
Magenta Superhero Award (Q2, Q3)	2014

### **SCHOLARSHIPS**

#### **The University of Texas at El Paso**

Texas Leadership Research Scholarship, \$28,155	2025 - 2026
Mark W. Lusk Social Justice Scholarship, \$1500	2023 - 2024
Sandy Tyler Endowed Fellowship, \$1000	2023 - 2024
STARS Scholarship Fund, \$5000	2022 - 2024
The Hospital of Providence Healthcare Scholarship, \$6000	2022, 2023, 2025
National Military Family Association Military Spouse Scholarship, \$2000	2022 - 2024
Social Work Research Initiative Stipend, \$10,000	2022 - 2023
UTEP Scholarship, \$850	2022 - 2023
EPCC Transfer Scholars in Health Sciences Scholarship, \$650	2022 - 2023
College of Health Sciences Scholarship, \$1500	2022 - 2023
Orville E. Egbert M.D. Endowed Student Support Fund, \$1500	2022
Mrs. Patty Shinseki Spouse Scholarship Program, \$7450	2021 - 2023
J. C. Fox Scholarship, \$1500	2021 - 2022
Georgie K. Schwartz Endowed Scholarship, \$2250	2019 - 2021

#### **The University of New Mexico**

Albuquerque Community Foundation Single Mother Scholarship, \$3000	2008
Bridge to Success Lottery Scholarship, \$4000	2005 - 2007

### **PUBLICATIONS**

#### **Accepted**

1. Varpaei, H., Buchholz, S.W., Bhandari, B., Gay, J., **Carmignani, K.**, Kalyanaraman, S., Sender, J., Wang, J., Salinas, J. (forthcoming). Development and adaptation of bilingual health text message databases for health interventions in Hispanic communities: Scoping review protocol. *JMIR Research Protocols*. <https://doi.org/10.2196/86032>

#### **Re-Submission**

1. **Carmignani, K.**, Salinas, J.J., Gay, J.L., Fraga, J., Meza, L., Bhandari, B., Parra-Medina, D., Yin, Z., Wang, J., & Buchholz, S. W. Development of the 50K4Life Walking

Text Messaging Database for a Bilingual Mexican American Population. (*Submitted August 2025, reviewed November 2025, re-submitted December 2025*).

### In Preparation

1. **Carmignani, K.** (2026). Dust, distance, and connection: Navigating health amidst homelessness in the Southwest border region. (Expect to submit May 2026).
2. Varpaei, H., Buchholz, S., Salinas, J., Gay, J., Bhandari, B., **Carmignani, K.**, & Sender, J. Exploration of text message interventions within the Hispanic communities: A scoping review. <https://doi.org/10.17605/OSF.IO/Y58TD> (Expect to submit 2026).
3. Salinas, J.J., **Carmignani, K.**, Parra-Medina, D. Bridging research and community: a reciprocal process to promoting walking in El Paso, Texas. (Expect to submit 2026).

### PRESENTATIONS

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**Carmignani, K.** (April 15, 2026). Ties that bind, borders that block: Investigating social capital and access to health care in the Southwest. Texas Leadership Scholars Program Virtual Doctoral Poster Research Day. University of North Texas. Denton, TX.

Gallegos, M., Buchholz, S.W., **Carmignani, K.**, Juarez, A., Lopez, V., Salinas, J., Sapargeldiyeva, M., & Yin, Z. (April 11, 2025). Translation protocol for 50K4Life educational modules from English to Spanish. University Undergraduate Research and Arts Forum (UURAF) at Michigan State University. East Lansing, MI.

Mulla, Z., Gay, J., Yin, Z., Parra-Medina, D., Buchholz, S.W., Sapargeldiyeva, M., Juarez, A., **Carmignani, K.**, Pal, K., Titelbaum, M., Lopez, V., Baker, L.J., & Salinas, J. (April 9, 2025). Perceptions of the benefits of exercise among school employees working on the Texas-Mexico border. Texas Tech of El Paso Institutional Research Symposium. El Paso, TX.

**Carmignani, K.**, Meissner, C., & Martin, J. (April 19, 2024). The Opportunity Center for the Homeless - La Casa de Los Abuelitos. United Way of El Paso County. El Paso, TX.

**Carmignani, K.** (November 3, 2023). Re-Evaluation of the El Paso Collaborative of Rapid Re-housing Initiative. The Opportunity Center for the Homeless. El Paso, TX.

Delgado-Payne, S., Serrano, S., **Carmignani, K.**, Rascon, A., Morales, M., & Gutierrez, V. (May 2, 2023). Macro-level policy and initiative changes. Workforce Solutions Borderplex – Board of Directors. El Paso, TX.

### ACCEPTED ABSTRACTS

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**Carmignani, K.**, & Moya, E.M. (forthcoming). Visible moments, invisible barriers: The role of social bonds on mental health engagement with unsheltered adults in the U.S.-Mexico border region. Viva La Salud College of Health Sciences Health Disparities Conference. El Paso, TX.

**Carmignani, K.,** Salinas, J., & Parra-Medina, D. (2025). The 50K4Life study community advisory board: Bridging community with research to improve walking engagement in El Paso, Texas public school teachers. National Hispanic Science Network (NHSN) Conference. Miami, FL. (Accepted, not presented).

## SERVICE TO THE UNIVERSITY OF TEXAS AT EL PASO

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### **Couri Summer Symposium Student Poster Presentations**

Judge Summer 2025

### **Social Welfare Policy & Social Service II Student Poster Presentations**

Judge Spring 2025

### **National Association of Social Workers – Texas Annual State Conference**

Exhibitor November 2024

## EDUCATION-RELATED TRAINING

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### **University of Texas at El Paso**

LCSW Supervision Program, Department of Social Work In Progress  
 Interprofessional Education: Social Work in an Education Setting April 2024  
 Interprofessional Education: Refugee Case June 2023

### **New Mexico State University – Global Campus**

Introduction to Grant Writing In Progress

### **National Institute of Health – Office of Clinical Research Education and Collaboration Outreach**

Introduction to the Principles and Practice of Clinical Research (IPPCR) In Progress

### **Google Coursera Learning**

Google Data Analytics In Progress  
 Google Project Management 2025

### **Collaborative Institutional Training Initiative (CITI)**

Undue Foreign Influence: Risks and Mitigations 2025 - 2028  
 Social, Behavioral, and Education Sciences Responsible Conduct of Research 2025 – 2028  
 Human Subjects Research - Refresher 2024 – 2027  
 Human Subjects Research – Basic 2021 – 2024

### **University of Colorado – Anschutz Medical Campus, College of Nursing**

Motivational Interviewing for Health Behavior Change September 2024

### **National Council of Behavioral Health**

Adult Mental Health First Aid 2023 - 2029

### **Texas Tech University Health Sciences Center**

Cultivating Adolescent & Young Adult Mental Health and Well-Being November 2023  
 Substance Use Disorders June 2023

Emergency Preparedness in Communities

February 2023

**VOLUNTEER SERVICE****ONWARD OPS, VA Veteran Sponsorship Initiative**

Military transition and support

2025- present

**Kelly Memorial Food Pantry**

Food organization and distribution

2022 - present

**The Opportunity Center for the Homeless**

Case management, resource allocation, and community referrals

2022 - present

**Home-free Outreach Prevention and Education (HOPE+)**

Student volunteer

2021 - present

**DOROT USA**

Donated homemade greeting cards to senior citizens in New York, NY

2020 - present

**Volunteer Houston**

Donated homemade greeting cards to senior citizens in Houston, TX

2020 - present

**Operation Gratitude**

Community Service Credit Program (Paracord Bracelets/Letter Writing)

2020 - present

**Cards for Hospitalized Kids**

Donated homemade greeting cards to hospitalized and terminally ill kids

2020 - present

**Humane Society of El Paso**

Kennel Assistant/ Animal Handler

2019

**Family Readiness Group (FRG)**

Mutual support and assistance to soldiers and their families

2018 - present

**AFFILIATIONS**

Phi Alpha Honor Society for Social Work, Member

2023 - present

National Association for Social Workers, Member (ID No. 886897778)

2023 - present

National Alliance on Mental Illness, Member

2022 - present

Student Association of Social Workers, Member-Board Member

2021 - 2023

**PROFESSIONAL LICENSURE****Licensed Master Social Worker**

State of Texas, License # 115312

Valid through June 30, 2027

## PROFESSIONAL EXPERIENCE

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**Centro De Salud Familiar La Fe, Inc.,** El Paso, TX September 2025 – Present  
Mental Health Clinician

- Accumulating hours (3000) toward LCSW Supervision.
- Conducted biopsychosocial assessments, treatment planning, and crisis intervention.
- Developed therapeutic resources to support individualized treatment plans.
- Collaborated with a multidisciplinary team to serve low-income and underserved populations.
- Drafted a comprehensive grant proposal designed to expand departmental capacity and secure sustainable funding for additional social work personnel.

**The University of Texas at El Paso,** El Paso, TX June 2024 – August 2025  
Research Technician II

- Evaluated and synthesized research articles to guide a walking intervention study, ensuring methodological rigor and alignment with the SMART Design approach.
- Developed and implemented evidence-based intervention strategies and created scripts and protocols for individual coaching and group interventions informed by Motivational Interviewing techniques.
- Collaborated with researchers, clinicians, and government entities nationwide to share insights, coordinate efforts, and advance research initiatives concerning health disparities in underrepresented groups along the U.S.–Mexico border.
- Facilitated Community Advisory Board meetings to develop a culturally competent database as an intervention method and basis for a manuscript.
- Completed participant eligibility screenings and administered surveys using REDCap for data collection; performed baseline measurements and participant outreach efforts
- Supervised and mentored graduate research assistants, guiding project tasks, ensuring adherence to research protocols, and fostering professional development.

**The Opportunity Center for the Homeless,** El Paso, TX August 2023 – May 2024  
Social Work Intern

- Researched grants to secure funding: veteran transitional living, elderly home-free males
- Developed activities and programming for 30+ clientele using art therapy and health promotion.
- Implemented a Community Intervention Project for migrants in mobility.
- Managed casework by identifying and connecting vulnerable populations with beneficial resources, advocated for local services, and dedicated to healthcare outreach initiatives.

**Conifer Health Solutions,** El Paso, TX July 2023 – September 2023  
Patient Access Rep II

- Completed full patient registration at the date of service.
- Adhered to policies and procedures regarding financial transactions.
- Explained legal forms and handled protected health information appropriately.
- Educated patients on their rights and responsibilities; verified insurance coverage and benefits.

**Workforce Solutions Borderplex**, El Paso, TX

August 2022 – May 2023

Social Work Intern

- Engaged with the community to conduct outreach research to increase pathways to employment.
- Evaluated policy and program review for program development for Child Care Subsidy.
- Established framework for Children, Outreach, and Early Childhood Education Program Development for Socio-behavior curriculum.
- Participated in team meetings and conducted community presentations with the Board of Directors.

**T-Mobile USA, Inc.**, Albuquerque, NM

October 2012 – November 2018

Customer Relations Specialist

- Collaborated with FCC to determine eligibility for low-income customers with the Lifeline program.
- Improved operational efficiency and customer service experience by completing research on devices within the Office of the President.
- Proactively addressed and resolved complaints for highly escalated customers, ensuring prompt resolution and maintaining an average customer satisfaction rating of 96%.
- Managed over 200 customer interactions per day.

**Black Mesa Coffee Company**, Albuquerque, NM

July 2007 – October 2012

Customer Service/Catering Specialist/Ordering and Receiving

- Built and maintained effective working relationships with internal and external customers, collaborating with airline carriers to coordinate catering services.
- Maintained and followed Transportation Security Administration (TSA) guidelines for stringent airport security requirements.
- Applied ServSafe certification knowledge to maintain high food safety and hygiene standards with merchandise deliveries.
- Managed bank deposits accurately and securely according to company policies.

**McDonald's LPG**, Los Lunas/Albuquerque, NM

June 2004 – September 2006

Swing Manager

- Oversaw shift operation, ensuring smooth workflow and adherence to standards.
- Led and motivated crew members, assigned tasks, created weekly schedules and submitted inventory orders for delivery.
- Addressed operational issues to minimize service disruption; executed register operations and daily deposits.
- Trained new employees ensuring policy adherence and regulatory requirements with food handling and preparation.
- Promoted exceptional customer service skills by handling inquiries and complaints promptly.